

Roxbury

Caregiver

Support

Group

alzheimer's association®

the compassion to care, the leadership to conquer

This free **Alzheimer's Association** sponsored support group meets on the 2nd Tuesday of the month in the afternoon.

➔ New members **must** call prior to attending.

This group is co-lead by:

Michael P. Kincade Sr., the Manger of Safety Services and Community programs at the Alzheimer's Association, MA/NH Chapter. As manager he collaborates with elder care professionals and first responders as well as those living with Alzheimer's disease and their families and loved ones. He has been leading support groups for 9 years.

Ilene Marsh, is a former family caregiver and has been with the group for 10 years.

Tuesday Afternoon Group (Tag)

For over ten years Tag has been the only ongoing group in Boston for Black caregivers of people living with dementia. Members are caring for loved ones in all stages of the disease. The group has regular support meetings and intermittent education programs. Also, after taking the month of July off for a summer break, each August TAG members return for the annual "family Reunion." The family reunion is a time when members are encouraged to bring family members and past speakers are invited to join the group for lunch.

Although listed as a Black support group all are welcome to join us. This is the reason if any group were to have its own theme song ours would truly be "We are Family" by Sister Sledge.

In 2003 TAG participated in a study on African American Caregivers. The final result was a published research article called "*The Duality of Respect*" which was hailed as the definitive piece on Black Caregivers. Of the many caregiver topics confronted the report also helped dispel the myth that elder Black caregivers were living on fixed low incomes.

Some of the educational topics TAG has hosted include home safety, nutrition, understanding death and preplanning a funeral. TAG also annually invites a financial planner and an elder law attorney for informational updates and one-on one consultation.
