

Bedford

Caregiver

Support

Group

alzheimer's  association®

the compassion to care, the leadership to conquer

This free **Alzheimer's Association** sponsored support group meets on the 3rd Tuesdays of the month in the afternoon.

➔ New members **must** call prior to attending.

The leader of the Bedford, Massachusetts Support Group is Jim Worthington, LCSW. Jim is currently the Director of Ross Worthen, the nursing home dementia unit, at Carleton-Willard Village, a Continuing Care Retirement Community. He is a licensed social worker and has been leading Alzheimer's Disease Caregiver support groups for over twelve years.

About the group:

The group meets at the Bedford Council on Aging on the third Tuesday of each month in the afternoon. This group is for caregivers with loved ones with dementia, currently most of the members of this group have a loved one with early to mid stage dementia living at home with them.

Jim also leads a second group at Carleton-Willard Village which meets the third Wednesday of each month in the evening. This group consists mainly of family members who have a loved one living in the nursing home dementia unit at Carleton-Willard Village. Their loved ones with dementia have mid to late-stage dementia. Caregivers who do not have a loved one at Carleton-Willard and are interested in joining this group are welcome. Contact Jim to inquire about availability of space.
